



HOSPITAL ADMISSION INFORMATION

Our staff will confirm with you your admission times and surgery location. If you have any queries regarding the admission details please contact the rooms in which you were seen.

We hope you find the following information useful to assist in your admission for surgery:

Fasting

- You will be instructed regarding the time to fast from by our staff
- Unless specifically instructed by Mr Leung or the Anaesthetist this means no food or drink from the time specified
- Children may have small amounts of water only (not cordial or juices) up to 3 hours before surgery
- You should take regular prescribed medications at the usual time recommended by your doctor with a small amount of water
- Please notify the anaesthetist of this at the time they visit you prior to surgery
- Diabetics will receive special instructions, generally from the anaesthetist prior to admission

Anaesthetist

- You will be provided with the contact details of your anaesthetist prior to the operation
- Please feel free to contact them prior to your operation if you have any specific questions regarding your anaesthetic, medications or fasting instructions

Medications

- Please refer to the information sheet "Medications to Avoid Prior to Surgery" for medications that you should stop taking 2 weeks before and after surgery. Please discuss with Mr Leung prior to your surgery.
- All other regular medications please continue you to take right up until the surgery date including the morning of the surgery. If you are unsure check with Mr Leung or your General Practitioner.

No smoking for a minimum of 1 week before and 2 weeks after surgery

General Information:

- Day case patients generally need to stay for a few hours after surgery prior to discharge
- You must be accompanied home by a friend or relative
- You must not drive a car, operate machinery or make important financial decisions for at least 48 hours after surgery
- You should arrange for a responsible friend or relative to help care for you/ your family before and after surgery.

You should bring to hospital the following:

- Medicare, health insurance, Pension, Workcover, TAC etc details
- XRays
- CT scans
- MRIs
- Prescribed medication
- List of allergies
- Test results

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